

**Alignment Based Vinyasa Yoga
200hr Teacher Training Program**

Lead by Cindy Phillips E-RYT200 and Special Guest Teachers



Part 1: Personal Information

Name _____ Nickname _____

Address _____

Phone _____ e-mail _____

Gender Male Female Age _____ DOB _____

Current occupation _____

Website? _____

Emergency Contact Name _____

Relationship _____ Phone _____

Part 2: Yoga Experience

How long have you been consistently practicing yoga?

What types of yoga have you practiced? How long for each?

Do you have a consistent practice currently? Indicate how often you attend class, practice at home, with friends, etc.

List any yoga workshops you've attended in past 2 years.

List titles and authors of yoga books you have read.

Have you previously attended a yoga teacher training program? If so, please list when, where, and lead trainer.

Do you currently teach yoga? If so, indicate what style/tradition, number of classes per week, venue (i.e. studio, gym, community center, etc)

Why do you want to take this program and what do you hope to gain?

Part 3: Health Information

Please describe any injuries, physical/ psychological health conditions/issues that might affect your participation in this program. (This information is confidential and will help IYS to serve you better.)

Part 4: Investment Commitment

Deposit with application:

There is a ***\$150 non-refundable/non-transferrable deposit*** due with application. This will be applied toward your tuition when accepted into the program.

Tuition: \$2950 with 3 options to pay

- Paid in full by Sept 15, 2021 - \$2650 (\$2950 minus \$150 deposit and \$150 early discount)
- Paid in full after Sept 15, 2021 - \$2800 (\$2950 minus \$150 deposit)
- Payment Plan - \$3025 (\$2950 plus \$75 added fee) Payment Plan - after \$150 deposit \$2875 is due. 4 monthly payments of \$718.75 each are required. First payment due 1 week before first weekend module (Oct 8, 2021) o Next 3 payments will be credit card auto-drafted on the 10th of Nov & Dec 2021 and Jan 2022. You will be asked to provide your credit card information for billing should you choose this payment method.

Part 5: Refund Policy

NO REFUNDS ISSUED ONCE TRAINING BEGINS!

If you cancel before training begins:

- Once your application is accepted, your \$150 deposit is non-refundable and non-transferrable.
- **Cancellations 14 or more days before day 1**, full amount you paid minus a \$150 administrative fee AND the \$150 deposit. *(\$300 will be withheld)*
- **Cancellations 13 days up to day 1** full amount you paid minus a \$250 administrative fee AND the \$150 deposit. *(\$400 will be withheld)*

If you are on the payment plan and drop out of the training, you are responsible for paying the full balance of tuition. Credit card payments will continue as per your agreement on payment schedule.

Part 6: Home Study

This training requires a significant commitment of time, energy and resources for trainers, guest teachers and you the student. We require you submit your homework by the due dates and complete the training in the timeframe given. However, we understand that “life happens” and sometimes this is not possible. Therefore, we have in place a financial policy for homework and certification extension.

- Failure to complete certification requirements in timeframe given (i.e. missed modules, incomplete homework)
- You may receive an extension. The fee for extension is \$75 per hour, which includes one-on-one mentoring with the lead trainer or assistant.
- These sessions will be individually tailored, and the total cost will vary depending on the amount of work required to complete training.
- Late homework - \$10 fee

Mail your completed application and the \$150 application fee to:

Island Yoga Space
c/o Cindy Phillips
5613 Guava Street Apt E
Holmes Beach, FL 34217

Make checks payable to: Island Yoga Space